



COVID-19: Testing and isolation protocols



I have tested positive for COVID-19

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know when and how long you need to isolate for if you are COVID-19 positive.

If you return a positive Rapid Antigen Test (RAT), you must register your result with the Department of Health.

Isolate at home for 7 days.



No symptoms after 7 days
No further test is required.



Symptoms on day 7
Remain in isolation until symptoms cease.



OR

You can leave home. Wear a mask indoors and outdoors for the next 7 days.



You are cleared by a medical professional.



Symptoms include:



Fever



Sore/scratchy throat



Runny nose



Fatigue



Shortness of breath



Dry cough