COVID-19:
Testing and isolation protocols

I am a close contact and have no symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you are a close contact but have no symptoms.

Isolate for 7 days from date of contact.

7 days

Monitor for symptoms.

Symptoms
Refer to 'I am a close contact who develops symptoms' protocol.

No symptoms
Take a RAT on day 7.

Day 7

Test positive
Refer to the 'I have tested positive to COVID-19' protocol.

Test negative
You can leave your home after day 7 of isolation, providing there are no new cases in your household. For the next 7 days, wear a mask indoors and outdoors and don't visit high risk settings (exemptions apply).

If someone in your household tests positive, isolate for 7 days (start this process again).

7 days

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We're all in this *together.*